



BULLETIN:

Child and Adult Care Food Program

**Child & Adult Care Centers,
Emergency Shelters, OSHC, &
Sponsors of Family Day Care Homes**
www.education.alaska.gov/tls/cnp

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To: CACFP Agencies
CACFP Program Reviewers

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Bulletin: 2014-02

From: Ann-Marie Martin
CACFP Coordinator

Program changes as a result of USDA Policy Memos and Technical Assistance Memos are to be implemented immediately. Please file this bulletin for reference, guidance and compliance with the Child and Adult Care Food Program. Feel free to call the Child Nutrition Programs office if you need further clarification.

USDA Policy, Information and Implementation Memos

1. USDA Policy Memo CACFP 01-2014 Census Data Release: Fiscal Year 2014
2. USDA Policy Memo CACFP 02-2014 Use of School and Census Data
3. USDA Policy Memo CACFP 03-2014 Available Flexibilities for CACFP At-risk Sponsors and Centers Transitioning to Summer Food Service Program (SFSP)
4. USDA Policy Memo CACFP 04-2014 Needs Assessment Research Launch
5. USDA Policy Memo CACFP 05-2014 Smoothies Offered in Child Nutrition Programs

Bulletin Topics

6. What is considered a Grain in the USDA Meal Pattern?
7. What is pudding?
8. Allowable eggs – more important information
9. Reminder on breastfeeding in CACFP
10. New Spanish Resource at Team Nutrition
11. Mealtime Memo for Child Care: Managing Food Allergies in Child Care

1. USDA Policy Memo CACFP 01-2014 Census Data Release: Fiscal Year 2014

The purpose of this memorandum is to announce the new schedule for release of census data used by State agencies and Program operators for area eligibility determinations in the Child and Adult Care Food Program. For the past two years, FNS has released new Census Bureau data each February. Federal Fiscal Year 2015, FNS will annually release new Census Bureau data in October. Therefore, the next census dataset will be released in October 2014. Until new data is released, State agencies and CACFP, SFSP, and SSO sponsors should continue to use the dataset released in February 2013. The Census Data is used by family day care home sponsors in CACFP.

2. USDA Policy Memo CACFP 02-2014 Use of School and Census Data

The purpose of this memorandum is to provide additional guidance on the use of school and census data to establish area eligibility in the Child and Adult Care Food Program. This memo supersedes CACFP 02-2012. The CACFP has been required to use the National School Lunch Program (NSLP) free/reduced data from October, which is then distributed in the Free/Reduced Price Report each February. This memo encourages the use of this dedicated month, but in some instances when the October data is not at 50% a program may use another month, if documented by the school district.

This memo also allows Sponsors of family day care homes to use either school area data or the most recent census data to tier family day care homes as Tier I.

3. USDA Policy Memo CACFP 03-2014 Available Flexibilities for CACFP At-risk Sponsors and Centers Transitioning to Summer Food Service Program (SFSP)

Organizations currently participating in the at-risk afterschool meals component of the CACFP are well positioned to offer summer meals through the Summer Food Service Program (SFSP). This memorandum outlines the flexibilities in transitioning to the SFSP at the end of the school year.

4. USDA Policy Memo CACFP 04-2014 Needs Assessment Research Launch

As part of the Healthy, Hunger-Free Kids Act of 2010, Section 221, the Food and Nutrition Service is preparing to launch a nationwide research survey of the Child and Adult Care Food Program (CACFP) participants that serve children up to age five. The survey will be conducted by KRC Research, an independent survey research company. The 20-minute survey will be conducted online for all audiences, or by telephone, as needed, among centers and homes.

We have provided USDA and KRC Research with a list of all CACFP programs in the state so you will be contacted by this research firm (some of you already have been contacted). Thank you for your assistance in this study.

5. USDA Policy Memo CACFP 05-2014 Smoothies Offered in Child Nutrition Programs

This memorandum supersedes CACFP17-2012 and modifies FNS guidance on fruit smoothies to allow for crediting of yogurt in smoothies prepared in-house during the breakfast service (for NSLP – this does not apply to CACFP since we don't have a meat/meat alternate requirement for breakfast).

6. What is considered a Grain in the USDA Meal Pattern? To be considered a bread/grain component the first ingredient in the food item **MUST BE A WHOLE OR ENRICHED GRAIN**. When looking at sweet items this is very important to make sure you are checking the first ingredient and make sure it is a whole or enriched grain, **NOT** sugar. When you purchase sweets you need to check the ingredient list and the first ingredient should be a creditable grain.

If you're making your own food items your recipe must have more grain items (usually flour or oats) than the sugar. The main non-creditable culprits are usually brownies or cakes or sugar cookies.

You may find non-creditable USDA recipes on-line. USDA has included these recipes because the National School Lunch Program (NSLP) can serve non-creditable items as extras and if they do they are required to keep track of the nutrition for these items. These programs cannot use the non-creditable items as part of the meal pattern but they must still have documentation on file.

Please make sure if you're using a USDA Recipe that it is creditable for the meal component and if it is an "extra" then make sure you have enough creditable components for the meal.

7. What is pudding?

Pudding is an extra – it is not creditable as a milk or as a meat alternate in the CACFP. As with the grain items, you may find USDA Pudding Recipes – and they are only creditable for the items listed on the recipe. For instance, the pumpkin pudding is creditable for a small portion of a vegetable – but not for milk or meat alternate. Please change your menus to either add another menu item so the pudding is an extra, or take off the pudding and replace it with a creditable item.

8. Allowable Eggs – more important information

The Department of Environmental Conservation (DEC) is making sure child care centers and adult day care centers are serving pasteurized raw eggs in the preparation of foods such as Caesar salad, hollandaise sauce, mayonnaise, and recipes using more than one egg is broken and the eggs are combined such as hot-held items like scrambled eggs, omelets, and French toast (even if these are baked).

We have provided this information to you along with a fact sheet at all of our fall trainings. Since that time we've had a few questions.

Egg substitutes that you can buy in cartons, frozen or dried are good options so you can keep your egg dishes on the menu. The egg substitutes have to be WHOLE EGGS. Egg white substitutes are NOT creditable.

9. Reminder on breastfeeding in CACFP

The Alaska Breastfeeding Coalition contacted our office because they were concerned that child care centers were not allowing mothers to bring in breast milk for their child who was over one year of age.

As a reminder – breast milk is always allowed. If the parent is bringing in breast milk after the child turns one year old you will serve it to the child and you can claim the meal. Please have the parent provide a statement for the file and have them include instructions in case you run out of their breast milk during the day. If they don't want you to serve cow's milk, then the other option if they run out of breast milk is to serve one of the approved soy milks. If you serve any other milk substitute that is not creditable then the meal should not be claimed.

10. New Spanish Resource at Team Nutrition

There are new Spanish Resources available at Team Nutrition. Please go to the following website for more information: <http://teammnutrition.usda.gov/Resources/servingupmyplate.htm> and <http://teammnutrition.usda.gov/Resources/servingupmyplate.htm#miniposter>.



New Spanish Resource Available at Team Nutrition!



Aliméntate bien para jugar con ganas

This two-sided mini poster shows MiPlato on one side and explores the five food groups on the reverse.

Download it now from the Team Nutrition Web site <http://teamnutrition.usda.gov/Resources/servingupmyplate.htm#miniposter>

This handout compliments the **MiPlato en casa** parent handout from the **Serving Up MyPlate** curricula. <http://teamnutrition.usda.gov/Resources/servingupmyplate.htm>



11. Mealtime Memo for Child Care: Managing Food Allergies in Child Care

Mealtime Memo for Child Care is issued by the National Food Service Management Institute (NFSI). These issues give provide information and ideas on physical activity. You can access the Family Style Dining Part 1 and Part 2” at the NFSMI website:

<http://www.nfsmi.org/ResourceOverview.aspx?ID=449>

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Commonly Used Acronyms

- CACFP – Child and Adult Care Food Program
- CNP – Child Nutrition Programs
- FNS – Food & Nutrition Services
- FNSRO-Food & Nut Services Reg. Office
- USDA – U.S. Department of Agriculture
- LEA – Local Education Authority
- DEC – Department of Conservation

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Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800)845-6136 (Spanish).

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