

HIV/STD and Sexuality Education Curricula

Get Real about AIDS

The Get Real About AIDS program was first developed in 1988 to help prevent the spread of sexually transmitted diseases, HIV, and AIDS among high-school-aged young people. It was updated in 1992 and further revised in 1994 when the curriculum was designated by the U.S. Centers for Disease Control and Prevention (CDC) as a "Program That Works." The 14-session program includes training in basic sexuality, abstinence, and contraception education as well as training in behavioral skills. The program encourages teens to delay having sex, or, for those who do become sexually active, to reduce the risk of HIV by adopting such behaviors as being monogamous, avoiding drugs and alcohol, practicing safer sex, and not sharing needles.

The program is based on the cognitive and reasoned action theories of human behavior. These theories view actions as based on thinking style and intention. Thus, the program aims to change the sexual behavior of teens by providing information and by helping to develop and change the participants' understandings and beliefs.

Curriculum Costs

A kit of material for grades 9-12 sells for \$495. The kit includes: a teacher's guide, a ground rules poster, a question box, 7 myth/fact posters, 2 steps posters, a message poster, 4 videos, a resource book, a pamphlet (30 copies), 30 transition cards, and 30 community resource cards. A demo kit includes samples of the myth/fact posters, step posters, videos, and community resource cards. Previews are sent at no charge for purchase consideration.

Order Information:

AGC Educational Media
1560 Sherman Avenue, Suite 100
Evanston, IL 60201
phone: 1-800-323-9084
fax: (847) 328-6707
e-mail: agcmedia@starnetinc.com

Safer Choices

SAFER CHOICES (SC) is a comprehensive intervention to reduce the number of students engaging in unprotected sexual intercourse by reducing the number of students who initiate or have sex during their high school years, and by increasing the use of latex condoms and other birth control methods among those students who do have sex.

Program Costs

The *Safer Choices* program sells for \$179 and includes:

- the two 10-lesson curricula, plus two workbooks
- the Peer Leader Training Guide, plus two workbooks;
- the Implementation Manual; and
- a *Safer Choices* Activity Kit.

Order Information:

ETR Associates
Phone: 1 800 321-4407
Fax: 1 (800) 435-8433
Web Site: www.etr.org

Making a Difference: An Abstinence Based Approach to Prevention of STDs, HIV and Teen Pregnancy

The Making A Difference! curriculum has three major components focusing on goals *Making A Difference! An Abstinence Based Approach to Prevention of STDs, HIV and Teen Pregnancy* is an eight-module curriculum that provides young adolescents with the knowledge, confidence, and skills necessary to reduce their risk of sexually transmitted diseases (STDs), HIV, and pregnancy by abstaining from sex. It is based on cognitive behavioral theories, focus groups, and the researchers' extensive experience working with youth. *Making A Difference!* is an adaptation and extension of the original *Be Proud! Be Responsible!* curriculum in that it integrates STD, HIV and pregnancy prevention.

Making A Difference! can be ordered from Select Media. The cost of the basic package, which includes an activity set and video clips, is \$99. Two optional videos — ***What Kids Want to Know about Sex*** for \$59.95 and ***The Truth About Sex*** for \$95 — may be purchased separately or as part of an entire package for \$254.

To place an order or receive more information, call Select Media at 1-800-707-6334 or visit them on-line at www.selectmedia.org.

Making Proud Choices: A Safer-Sex Approach to STD, Teen Pregnancy, and HIV/AIDS Prevention

Making Proud Choices! A Safer Sex Approach to STDs, Teen Pregnancy, and HIV Prevention is an eight-module curriculum that provides young adolescents with the knowledge, confidence, and skills necessary to reduce their risk of sexually transmitted diseases (STDs), HIV, and pregnancy by abstaining from sex or using condoms if they choose to have sex. It is based on cognitive behavioral theories, focus groups, and the researchers' extensive experience working with youth. *Making Proud Choices!* is an adaptation and extension of the original *Be Proud! Be Responsible!* curriculum in that it integrates STD, HIV and pregnancy prevention.

Making Proud Choices! can be ordered from Select Media. The cost of the basic package, which includes an activity set and video clips, is \$99. Optional videos — ***The Truth About Sex***, \$95; ***The Subject is: HIV***, \$118; ***AIDS Not Us***, \$80; and ***Nicole's Choice***, \$80 — may be purchased separately or as part of an entire package for \$425.

For more information or to place an order, call Select Media at 1-800-707-6334 or visit them on-line at www.selectmedia.org.

Focus on Kids

Focus on Kids is a community-based 8-session HIV/STD prevention program for high-risk urban youth in grades 5-10. It has been effective in giving urban youth the skills and knowledge they need to protect themselves from HIV and other sexually transmitted diseases. The curriculum uses fun, interactive activities such as games, role plays, discussion and community projects to convey prevention knowledge and skills.

The *Focus on Kids* curriculum includes an implementation section with instructions for group leaders, lesson plans, activity guides, handouts for duplication, consent forms, and other materials relevant to program implementation for \$45.00.

To receive more information and to order, contact:

ETR Associates

Phone: 1-800-321-4407

Fax: 1-800-435-8433

Internet: www.etr.org

Respecting Healthy Sexuality

This publication is part of the Teenage Health Teaching Modules, a comprehensive health education curriculum for middle and high school students. The six sessions for grades 9 and 10 focus on assessing sexuality-related messages, using values to draw the line in relationships, and exploring the rights and responsibilities of healthy sexuality. The six sessions for grades 11 and 12 focus on essential skills for developing healthy relationships, dealing with challenging situations, and thinking about intimacy in relationships. The module emphasizes abstinence and refusal of unprotected sexual intercourse. It also provides guidance for teachers in developing a comprehensive approach to sexuality education by integrating exemplary curricula on pregnancy prevention, HIV/AIDS, and other sexuality topics.

Cost: \$79.95 for Teacher Manual, includes reproducible student handouts and transparencies

Order information:

Education Development Center, Inc.

55 Chapel St.

Newton, MA 02458-1060

(800) 225-4276 x2215

www.edc.org